

THE ALLEN FOUNDATION INC.



2022 ANNUAL REPORT

www.allenfoundation.org

LETTER FROM THE CHAIR

The belief of William Webster Allen, founder of the Allen Foundation, was that every person should be able to access adequate, nutritious food daily, gives voice to the mission of the Allen Foundation. In 2022 the Trustees funded 53 excellent grant requests that move this mission forward.

The largest number of grants were in the area of nutrition education (30). Examples include an education program in Indiana focused on healthy eating/cultural traditions in communities of color and an Oregon State University community garden project for cancer survivors.

Hunger relief funding was granted to 11 projects. A kitchen update for the Council on Aging in Gladwin, MI and a Soup Kitchen in New Mexico are two such projects.

Nine research grants were funded in 2022. The University of Maine received a grant to study the effects of broccoli sprouts on gut microbiome and inflammation in humans. Research quantifying the content of human milk to promote preterm infant brain development at Brigham and Women's Hospital is a second example of our research funding efforts.

This year I am pleased to recognize two remarkable members of our Board of Trustees. Dr. Mark Ostahowski has served as board president for 21 years. His leadership has been stellar. Equally outstanding has been the service of Bill Lauderbach, our treasurer for 17 years. Both men serve on a voluntary basis. Their commitment to the Foundation has strengthened the Foundation's ability to make a difference

Special appreciation is due each Trustee who donates time, experience and expertise to the mission of the Foundation and our Allen staff. We could not accomplish our goals without you.

Sincerely,



Gail E. Lanphear, Chair

FINANCIAL REPORT AS OF DECEMBER 31, 2022

Balance Sheet

Assets

Cash & Equivalent.....	\$	1,989,092.66
Securities at Market Value		
Equities.....	\$	23,659,927.17
Bonds.....	\$	6,677,295.45
Total Assets.....	\$	32,326,315.28

Liabilities

Grant Commitments.....	\$	895,774.50
Unrestricted Assets	\$	31,430,540.78
Total Liabilities	\$	32,326,315.28

Income Statement

Revenues

Interest	\$	106,694.66
Dividends.....	\$	553,604.66
Miscellaneous	\$	—
Net Realized Gains (Losses)		
on Investments	\$	792,926.62
Total Revenue.....	\$	1,433,225.94

Expenses

Administrative Costs and Taxes	\$	179,904.28
Grants, Net of unused funds returned	\$	1,809,637.24
Total Expenses.....	\$	1,989,541.52

Net Income..... \$ **(556,315.58)**

**Net Unrealized Gains
on Investments** \$(5,353,038.00)

Increase in Total Assets..... \$ **(5,909,353.58)**

GRANTS MADE BY THE FOUNDATION

ORGANIZATION	TOTAL	2022
18 Reasons	10,000	
Acta Non Verba	265,000	
Agape Distribution Inc.	25,000	
Agape Community Transformation (ACT)	59,000	35,000
ALIMA USA Inc.	50,000	
Allied Churches of Alamance County	15,000	
Alpena Area Senior Citizens Council, Inc.	200,000	
America SCORES - Chicago	10,000	
American Friends Service Committee	15,700	
American Heart Association	20,000	
American Initiatives for Social Development	18,000	
Anderson Regional Medical Center	15,000	
Arnold Center, Inc.	93,000	
Ascension St. John Foundation	79,988	79,988
Astoria Sunday Market	3,000	
Baptist Child & Family Services	4,475	
Bay City Public Schools	2,000	
Belvidere/Boone County Food Pantry	7,500	
Berrien County Health Department	6,810	
Beth Israel Deaconess Medical Center	147,590	
Boston Children's Hospital	251,965	100,000
Boston Medical Center	116,114	
Botanical Garden Society of NW MI	50,000	50,000
Boy Scouts of America - Lake Huron #265	7,000	
Boys and Girls Clubs of El Paso	7,000	
Boys and Girls Clubs of Kootenai	6,000	
Brigham and Women's Hospital, Boston, MA	276,346	78,360
Brighter Bites	150,000	
Bronx Eats, Inc.	10,000	10,000
Brooklyn Kindergarten Society	10,000	
CCI Health & Wellness Services	10,000	
Cancer Support Community Central - New Jersey	28,000	
Caregiving Network, Midland, MI	23,260	
Catholic Charities New Hampshire	6,418	
Cedar Crest College	2,804,380	
Cedars-Sinai Medical Center	46,360	
Center for Science in the Public Interest	50,000	
Central Michigan University	759,996	
Central Pennsylvania Food Bank, Harrisburg, PA	10,000	
Centreville Elementary School	1,823	
Chef Ann Foundation	15,000	
Children of Strength - San Francisco, CA	20,000	
Children's Friend	4,430	
Children's Hospital of Boston, MA	166,986	
Children's Hospital of Michigan	43,720	
Children's Hospital, Los Angeles, CA	141,745	
City of Midland	10,000	
City Youth Now	15,000	
Comal County Senior Citizens, New Braunfels, TX	22,496	
Comunidades Unidas	9,920	
Common Roots, Inc	10,000	
Community Health Programs	18,740	
Community Partnership - Manistique, MI	3,600	
Cornell Cooperative Extension of Niagara County	53,297	
Crawford County Commission on Aging	268,700	
Crawford County Comm Christian Help Ctr	1,500	
Crossroads Center for Children	1,000	
Damiano of Duluth, Inc.	20,000	
Dana-Farber Cancer Institute	27,000	
Delta College	11,267	
Detroit City Rescue Mission	1,000	
DeVries Nature Conservancy	105,758	
Doernbecher Children's Hospital Foundation	80,000	
Eagle Village, Inc.	209,746	
East Dallas Co-op Parish	8,665	
Easter Seals Florida, Inc., Winter Park, FL	45,234	
Eastern Market Partnership	27,800	
Edible Peace Patch Project	25,000	
Education Global Access Program	11,800	
Education Outside	20,000	
El Caldito	8,000	8,000
Emory University School of Medicine	16,062	
Episcopal Social Services of New York, Inc.	23,350	
Eskenazi Health Foundation	47,583	23,792
Experimental Station	9,000	
FJC (Bronx Eats, Inc.)	10,000	
Family Network of Wyoming	10,000	
Family Planning Center, Auburn, NY	10,000	
FAN4Kids	18,500	
Farm Share, Inc.	12,150	
Farm to Family	10,000	
Fast Ice, Inc.	41,860	
Feed the Dream	120,000	
Flint Cultural Center Corporation	125,000	

ORGANIZATION	TOTAL	2022
Florence Crittenton Home and Services, Helena, MT	28,105	
Florida State University	74,477	
Flying Kites	19,300	
Fondy Food Center	30,000	
Food Bank of Central Louisiana	20,000	
Food Bank of Eastern Michigan	100,000	25,000
Food Bank of South Jersey	40,000	
Food Outreach	20,000	
Frankenmuth Farmers Market	19,251	
Friends Grand Traverse Conservation District	20,000	20,000
Friends of the Interlochen Public Library	310,000	
Friends of Refugees	7,160	
4-H of Houghton and Keweenaw Counties, MI	2,000	
FSP/Vanuata Country, South Pacific	15,000	
GardenShare	20,000	
Geisinger Health System	75,000	
Genesee Intermediate School District	5,000	
Girls Incorporated of St. Louis, MO	5,000	
Gladwin Community Services Corporation	23,000	23,000
Gleaners Community Food Bank	30,000	
Global Volunteers	75,530	
Good Samaritan Hospital	10,925	
Goodwill Industries of Northern Michigan	140,000	
Grace United Methodist Church - Dallas, TX	5,000	
Grain Valley School District PAT Program	2,000	2,000
Grand Traverse Bay YMCA	50,000	
Greater Green Bay YMCA	2,000	2,000
Greater Lansing Food Bank	20,000	
Groundworks Center	112,740	50,000
Giffith University	89,160	
Grow Benzie	86,400	
Growing Lives Foundation	35,000	35,000
Growing Power, Inc., Milwaukee, WI	55,800	
Hand2Hand	10,000	10,000
Health Emergency Lifeline Program, Detroit, MI	16,500	
Henry Ford Health System	115,000	
Holy Rosary School, Seattle, WA	4,090	
Home Gardening Project, Jacksonville, OR	17,500	
Hunger Free Vermont	10,000	
Huntington's Disease Society of America, Inc.	5,000	
Immaculata College	10,000	
Indiana State University	65,107	
India's Children	23,200	
Ingham Regional Healthcare Foundation, Lansing, MI	15,000	
Inland Seas Education Association	78,500	38,500
INMED Partnerships for Children	22,369	
Innovation: Africa	44,000	
Interlochen Center for the Arts	459,500	55,000
International Hospital for Children, Richmond, VA	25,000	
International Medical Services for Health	30,875	
Izi Azi Foundation	5,000	
Kansas City CARE Clinic	25,243	
Kansas City Community Gardens	25,000	
Kindness In A Box	12,000	6,000
Kingman Elementary School, Kingman, ME	5,000	
King's College London	56,062	
La Luz Center, Sonoma, CA	1,906	
La Maestra Family Clinic, Inc., San Diego, CA	150,000	
Le Bonheur Medical Center - Memphis, TN	4,990	
Lee Memorial Health System Foundation	50,000	
Leelanau School	24,200	
Liberty House	5,000	3,000
Lighthouse of Oakland County, MI	1,200	
Lincoln Memorial University	22,560	22,560
Loma Linda University	48,379	
Louisiana State University	45,770	
Low Country Foodbank	10,000	
Lundquist Institute @ Harbour UCLA	50,000	
Lutheran Social Services, La Jolla, CA	300	
Macquarie University	30,550	30,550
Maricopa Community Colleges Foundation	35,050	
Mary Bird Perkins Cancer Center	10,000	
Maryland Community Connection	1,500	
Mary's Center for Maternal & Child Care, Inc.	25,000	
Massachusetts General Hosp Dev Off	109,064	
Massey University	75,424	
Matrix Human Services	20,000	
Matrix: Midland Festival, Midland, MI	8,000	
McKenzie School District Family Resource Center	2,000	
McKinleyville High School	740	
Memorial Presbyterian Church, Midland, MI	200	
Memorial Sloan Kettering	153,120	
Michael's Place	48,000	
Michigan Council of Foundations	10,500	
Michigan Crossroads Council	15,000	
Michigan Health Improvement Alliance	104,500	
Michigan 4-H Foundation	80,950	

ORGANIZATION	TOTAL	2022
Michigan Restaurant Association	57,000	
Michigan State University	3,168,360	86,530
Michigan State University Extension	333,145	
Michigan State University Extension - 4H	35,891	
Michigan State University Extension - Project Fresh	890,853	
Microbiome Health Research Institute	40,000	
Midland Area Community Foundation	20,000	
Midland Board of Education	570	
Midland Camping Council	46,330	
Midland County (Michigan) Council on Aging	324,202	
Midland County Educational Service Agency	66,260	
Midland County Emergency Food Pantry	45,000	
Midland County, Michigan	500	
Midland Foundation - Riverside Place	300,000	
Midland Foundation - Washington Woods	30,000	
Midland Open Door	8,500	
Midland Preschool Center, Inc.	24,700	
Mid-Michigan Alliance, Clare, MI	8,900	
MidMichigan Health Foundation	49,425	
MidMichigan Medical Center, Midland, MI	203,914	
Mil Milagros, Inc.	100,000	25,000
Monroe County Health Department	9,517	
Montachusett Veterans Outreach Center, Inc.	1,500	
Montessori Children's House, Traverse City, MI	145,000	
Mother Waddles Mission, Detroit, MI	2,000	
Munson Medical Center	96,080	
Nemours/Alfred I. duPont Hospital for Children	18,290	
Nepal Youth Foundation	48,571	
Newport Hospital and Health Services Foundation	15,000	
New York Institute of Technology	106,209	
North County Health Project Inc.	50,000	50,000
Northwest Food Coalition	25,000	
Northwest Education Services	45,625	45,625
Northwest Michigan Community Action Center	148,000	50,000
Northwest Michigan Human Services Agency	20,000	
Northwestern University Medical School	100,000	
Northwood University	30,700	
Nurses for Newborns Foundation, St. Louis, MO	5,000	
OpenBiome	80,000	
Open Hand Atlanta	46,306	
Oregon State University Foundation	61,316	50,000
Our Lady of Mercy Community Outreach	10,000	
Outreach for World Hope	13,950	
Paris Diderot University	60,000	
Peninsula Volunteers, Inc., Menlo Park, CA	10,000	
Physicians Committee for Responsible Medicine	20,000	
Place of Enlightenment	5,000	
Plant Powered Metro New York	25,000	25,000
Progress Center, Longview, WA	12,000	
Project Concern International	219,671	
Project Peanut Butter	93,278	
Redwood Empire Food Bank	7,500	7,500
Regents of The University of Minnesota	184,899	128,246
Regional Food Bank of Northeastern NY	20,000	
Resources for Child Caring, St. Paul, MN	4,000	
Resurrection Lutheran Church of Alpena	10,000	
Rhode Island Community Food Bank	16,000	5,000
Richland School District, Columbia, SC	30,000	
Rise Against Hunger	25,000	25,000
River House	10,000	
Rolling Harvest Food Rescue	5,000	
Roscommon County Food Pantry	22,500	15,000
Royal Melbourne Institute of Technology University	147,098	44,668
Saginaw Valley State University	1,243,079	41,256
Salvation Army - Columbus, OH	10,000	
Salvation Army - Eastern Michigan	12,000	
Salvation Army - Midland, MI	45,850	
Salvation Army - San Diego, CA	15,000	
Saranac Community Schools	624	
Savannah College of Art and Design, Inc.	15,000	15,000
Scripps Memorial Hospitals Foundation	5,000	
Second Harvest Heartland	15,000	
Second Mile Haiti	25,000	25,000
Share Our Strength - Detroit, MI	10,000	
Sharp Grossmont Hospital	2,500	
Siskiyou Food Assistance Corporation	7,500	
Skiff Medical Center	12,000	
SouthHEALTH Foundation	25,000	25,000
Spanish Catholic Center of Catholic Charities	20,000	
SPOON	20,000	
Sprouts Cooking Club	7,240	
St. John's Research Institute, Bangalore, India	61,569	
St. Joseph the Worker School	5,000	
St. Mary's Medical Center - Saginaw, MI	52,800	
State University of New York at Buffalo	45,000	
State University of New York School of Optometry	31,717	
Steppingstone Inc.	2,000	

ORGANIZATION	TOTAL	2022
Still Creek Boys Ranch, Kurten, TX	16,950	
Syracuse University	474,907	
Texas A&M Agrilife Research	25,925	
Texas A&M University	742,408	
Texas Agricultural Extension Service	36,800	
The Bridge Food Center	35,000	
The Carl & Emily Center for Health Education	17,100	
The Central Rivers Farmshed	41,380	
The Giving Grove	90,000	50,000
The Mathile Institute	50,000	25,000
The Nutrition Center	68,875	
The Research Institute at Nationwide Children's Hospital	150,786	
The Salvation Army Augusta Area Command	15,000	
The School District of Osceola County	25,000	
Third Hope UK	15,775	
Trustees of Boston University	140,300	
Tufts University	504,521	
U.S. Committee for UNICEF	34,500	
University of Birmingham, UK	124,977	
University of Botswana	81,766	
University of California, Davis	229,742	
University of California, San Diego	99,121	
University of California, San Francisco	227,205	
University of Chester	31,047	31,047
University of Cincinnati	52,380	
University of Connecticut	43,193	
University of Georgia	54,561	
University of Hawaii at Manoa	79,828	
University of Lancaster	56,221	
University of Limerick	126,390	
University of Maine	57,180	57,180
University of Melbourne	262,952	
University of Michigan	139,952	
University of Minnesota	134,208	
University of Minnesota, Regents of	262,257	
University of Missouri	82,458	
University of Nebraska, Lincoln	60,631	
University of Nevada, Las Vegas	43,799	
University of Nevada, Reno	29,166	
University of North Carolina, Greensboro	79,146	
University of Pennsylvania	60,000	60,000
University of Queensland	71,680	
University of Rochester	59,854	24,000
University of San Diego	34,500	
University of Sydney	70,200	
University of Tennessee, Knoxville	99,996	
University of Texas Health Science Center	81,066	
University of Toronto	224,326	
University of Utah	60,350	
University of Vienna	108,775	108,775
University of Wisconsin, La Crosse	5,083	
University of Wisconsin, Stout	9,374	
Valley Community Center	2,000	2,000
Vanderbilt University Center for Quality Aging	136,447	
Vanderbilt University Medical Center	72,266	
Victoria University, Melbourne, Australia	68,625	
Victory Garden Foundation Inc.	60,000	
Viviendas Leon	40,000	40,000
Wake Forest University Health Sciences	66,000	
Washington University School of Medicine	347,560	
Washington University, St. Louis, MO	346,185	
Wayne State University	18,621	
West Chester University	14,247	
West Contra Costa Unified School	2,500	
West Midland Family Center	146,374	
West Virginia Hospital Association	40,000	
Western Carolina Rescue Ministries	15,000	
Western Michigan University	15,463	
Westview Presbyterian Church	25,187	25,187
Westwoods Elementary School	20,000	20,000
WIC Public Health Foundation, Enterprises, CA	21,931	
Woods Hole Marine Biological Laboratory	17,736	
Wuqu' Kawoq/Maya Health Alliance	18,000	
Yale University School of Medicine	280,880	
YMCA of Greater Grand Rapids	35,000	
YMCA Hayo-Wen-Ha Camps	120,000	
YMCA of Saginaw	30,000	
Your Store of The Queen City	20,000	
Youth Garden Project	1,300	
Youth Living Centers - Inkster, MI	10,000	
Ypsilanti Health Initiative, Ann Arbor, MI	10,000	
YWCA of Lincoln, NE	5,175	
Zion Lutheran Church Gods Helping Hands	5,000	
		1,814,763

BOARD OF TRUSTEES

Gail E. Lanphear, Chairman of the Board.....	Grawn, Michigan
Mark Ostahowski, M.D., President.....	Midland, Michigan
Laurie Bouwman, Secretary.....	Interlochen, Michigan
William Lauderbach, Treasurer and Financial Vice President	Midland, Michigan
Amanda Bouwman, Trustee.....	Owosso, Michigan
Leslie A. Hildebrandt, Ph.D., Trustee	Shepherd, Michigan
Ann Jay, Trustee.....	Pinconning, Michigan
Heather Kelto, Trustee	Interlochen, Michigan
Charles B. Kendall, Trustee	Elk Rapids, Michigan
Emily Umbarger, Trustee	Interlochen, Michigan
Mike Woolhiser, Ph.D., Trustee	Bay City, Michigan
Julie Foye, Staff Assistant.....	Midland, Michigan
Mogen Mcallister, Junior Apprentice.....	Interlochen, Michigan
Maclain Mcallister, Junior Apprentice.....	Interlochen, Michigan

GRANT APPLICATION PROCEDURE

The Allen Foundation Inc. operates under the laws of the State of Michigan, with offices in Midland. In order to be considered for an Allen Foundation grant, you must be a non-profit organization, and be able to provide us with a copy of your federal Internal Revenue Service certification of 501(c)(3) tax-exempt status. Academic research under an Allen Foundation grant should be conducted under the leadership of a principal investigator who is a full-time regular faculty member with tenure or on tenure track. The foundation does not directly administer the programs which it funds. Recipients are asked to submit yearly progress reports and a financial accounting concerning the expenditures of the foundation grant.

Grants are strictly limited under the terms of the charter to projects that benefit programs for human nutrition in the areas of health, education, training, and research. The foundation requires electronic submission of all unsolicited applications for consideration for possible funding. Please go to: <http://www.allenfoundation.org/> and follow the instructions for filing a grant application online. The next "deadline" for submission of proposals is January 15, 2024. This deadline means that any proposal submitted electronically after January 15, 2024, will be considered for possible funding in 2025. The decisions of the board of trustees will be posted on the foundation's website in June of each year. Because of the number of proposals received and the limited resources of the foundation, applicants should never view possible declinations to fund their proposals or delays in reviewing their proposals as judgments on the actual merits of their proposals.

ALLEN FOUNDATION INC.

Post Office Box 1606 • Midland, Michigan 48641-1606
Telephone: (989) 832-5678 • FAX: (989) 832-8842
www.allenfoundation.org